

PERFORMANCE

fitness & health club

NO INITIATION FEE FOR STATE EMPLOYEES!

Performance Fitness and Health Club in Waukee, Iowa will waive the initiation fee for state employees. Performance Fitness and Health Club is located just south of Hickman at 100 E Laurel Street in Waukee next to Mickey's and Top Nails.

Our facility offers:

- 24 pieces of new Precor cardio equipment
- Personal Viewing Screens (PVS) on all cardio equipment
- The new Precor Adaptive Movement Technology (AMT) cardio machine
- New Precor Icarian-line weights and equipment
- Fit Rx - Medically Supervised Exercise Prescription Program
- Total Body Wellness - 12-week physical and lifestyle transformation
- Certified personal training
- Group fitness
- Child care
- Tanning (including the exclusive Velocity tanning experience and a MysticTan booth)
- Full locker rooms with showers
- Free towel service
- Extended hours
- Always staffed (never workout alone)



Please stop by our facility for a tour and to discuss our membership options or call 987-1385 for more info.

Remember, state of Iowa employees pay no initiation fee!

Visit our website at <http://www.performancefitnessandhealthclub.com>

100 E Laurel St.
Waukee, Iowa 50263
515.987.1385